Who Am I?

Who am I? I am a collage of personal memories and experiences that have shaped and manipulated my own perception of who I am. According to the textbook, identity is achieved through Erikson’s four arenas of identity: Religion, Sex, Political/Ethical and Vocation (Berger, 2014). It is these institutions and concepts that humans identify with. I don’t know if this necessarily applies to me. If so, the correct answer to the question “Who am I?” in accordance with Erickson’s belief is: I am a Christian Male Cosmetologist Libertarian Constitutionalist.

People tend to identify with groups. Perhaps this is why emerging adults tend to spend more time alone than with others. The rebellious stage of trying to find one’s own identity boils down to an individual concluding their-own beliefs about the world. Collectivizing or adopting the belief of a group is tribal in nature. My true identity is as follows: I am one of seven billion. The identity of the human collective is as follows: We are one divided by seven billion. I don’t believe that the social constructs that we identify with actually define who we are, but more so define the identities imposed upon us by society as a whole.

Resources

Berger, K. (2014) *Invitation to The Life Span* – Worth Publishers